

Menu subject to change according to what is fresh, local and in season.

MVWSD - Middle School MENU March 2024				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Grab & Go *</u> Chicken Caesar Salad w/ Fresh Baked Dinner Roll w/ Caesar Dressing	<u>Grab & Go *</u> Southwest Chicken tender Tortilla Wrap w/ Corn Salsa & Veggies Ranch Dressing Cup	<u>Grab & Go *</u> Cranberry Salas Turkey Tortilla Wrap W/Ranch Dressing Cup	<u>Grab & Go *</u> Crispy Chicken Tender Tortilla Wrap & Fresh Veggies Ranch Dressing Cup	<u>Grab & Go *</u> Asian Chicken Salad w/ Wontons Strips & Roll Mandarin Oranges Asian Dressing
<u>Deli*</u> Hot Meatball Sandwich on Hoagie Roll w/ Provolone Cheese	<u>Deli*</u> Turkey & Cheddar on Fresh French Bread W/ Tomato & Lettice	<u>Deli*</u> Hot Roast Beef Philadelphia Peppers, Onions & Cheese	<u>Deli*</u> BBQ Pork Sliders on Fresh Baked Mini Buns	<u>Deli*</u> Tuna Fish on Fresh French Bread W/ Tomato & Lettice
<u>Vegetarian</u> Garden Burger (v) w/ Baked Seasoned Fries w/ Lettice & Tomato	<u>Vegetarian</u> Fresh Two Cheese Grilled Quesadilla	<u>Vegetarian</u> Bean & Cheese Pupas a Fresh Salsa & Cabbage	<u>Vegetarian</u> Cheese Pillow Bites Marinara Sauce Cup	<u>Vegetarian *</u> Grilled Cheese on Texas Toast
<u>Noodles *</u> Cheese Tortellini (V) w/ Marinara Sauce Parmesan Cheese	<u>Noodles*</u> Spaghetti Marinara w/ Mozzarella Parmesan Cheeses (V)	<u>Noodles*</u> Macaroni & Cheese (V)	<u>Soup*</u> Chicken Tortilla Soup w/ Cheese & Tortilla Chips	<u>Noodles*</u> Teriyaki Chicken Stir Fry w/Veggies & Noodles
<u>Home Plate Favorites</u> Spicy Chicken Sandwich w/Baked Seasoned Fries or Cheese Burger w/Baked Seasoned Fries w/ Lettice & Tomato	<u>Home Plate Favorites</u> New York Pizza Pepperoni Pizza Slice OR New York Pizza Cheese Pizza Slice (v) Pizza Delivered Fresh	<u>Home Plate Favorites</u> Beef Fajitas on Flour Tortillas w/Peppers & Onions Fresh Salsa on Salad Bar	<u>Home Plate Favorites</u> Crispy Chicken Leg w/ Baked Curly Fries Fresh Potato Salad on Salad Bar	<u>Home Plate Favorites</u> Crispy Chicken Tenders Loaded Mashed Potatoes w/Cheddar Cheese & Turkey Bacon Bits

All entrees are Freshly Prepared and meet HHFKA/USDA Standards. Entrees are served with our fresh, local, Fruit and vegetable bar.

BREAKFAST :

Served Daily:

ASST. Cereal Cups

Bagel & Cream Cheese

Fresh Fruit & Yogurt

Parfait Cups

BREAKFAST :

MON: Pan Dulce Bun

Tues Waffles & T. Sausage & Hash Brown

Wed: Fresh Baked Chocolate Chip Muffin

Thurs: Fresh Baked Chocolate Croissant

Fri: Hot T-Ham & Cheese On English Muffin



Mountain View
Whisman
School District

Juice Day

Tuesday &

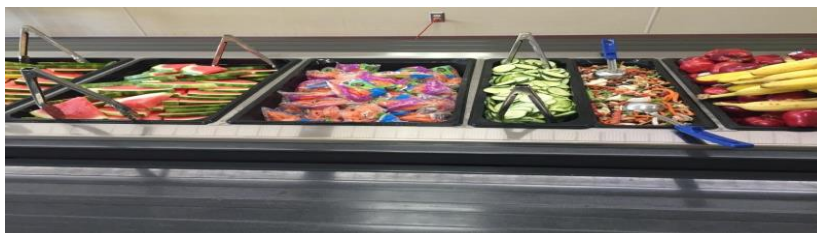
Thursday

DAILY MILK:

Chocolate Non Fat

1% low Fat White

Non Fat Milk



Made Fresh In House
Has Asterix

BEEF **

PORK **

VEGETARIAN ** (v)

Turkey Bacon

You may qualify for free or reduced price meals. Applications are available at all schools, on line and the district office. For questions regarding the food service program you can call the food service office at (650) 903-6965.

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.